## ABSTRACT

In a vegetable retainer employed for a vegetable cooling utensil which is provided with a flat blade and a comb blade on a roughly central portion in a longitudinal direction of a vegetable cooking utensil main body of a roughly rectangle in a plan view to shred a vegetable and the like, in order that the vegetable retainer can be held reliably and that a finger tip is prevented from coming into contact with a cooking blade so that safety performance is improved, the vegetable retainer comprises an approximately flat plate-like retainer main body portion whose central portion underside is recessed to form a recess, a vegetable retaining portion which protrudes from the recess and which is constructed of a plurality of comb teeth bodies for being stuck into a vegetable and the like to retain it, sliding portions which extend vertically on both side portions of the retainer main body portion and which are guided by both side portions of the vegetable cooking utensil main body to slide, and a holding portion which extends upwardly from an upper surface of the retainer main body portion and by which a cooking person holds the vegetable retainer.